

ORDER OF EUCHARISTIC HOLY HOUR

QUARTERLY APPENDIX

DECEMBER 2016 – FEBRUARY 2017

## MONTHLY HOLY HOUR INTERCESSIONS ADDENDUM (DECEMBER – FEBRUARY)

### DECEMBER 2016

*Pope Francis' Universal Intention (End to Child-Soldiers):* That the scandal of child-soldiers may be eliminated the world over; we pray to the Lord...

*Bishop Ricken's Intention (Family Life):* That those who share Christ's Gospel, especially within families, may do so with great mercy and love; we pray to the Lord...

### JANUARY 2017

*Pope Francis' Intention (Christian Unity):* That all Christians may be faithful to the Lord's teaching by striving with prayer and fraternal charity to restore ecclesial communion and by collaborating to meet the challenges facing humanity; we pray to the Lord...

*Bishop Ricken's Intention (Life):* That the spirit of welcome which comes from Christ always be extended to the unborn and vulnerable among us; we pray to the Lord...

### FEBRUARY 2017

*Pope Francis' Intention (Comfort for the Afflicted):* That all those who are afflicted, especially the poor, refugees, and marginalized, may find welcome and comfort in our communities; we pray to the Lord...

*Bishop Ricken's Intention (Vocations):* That those called to extend the mercy of Christ to others as priests and religious men and women be strengthened by the Holy Spirit in mission; we pray to the Lord...

## MONTHLY READINGS/SELECTIONS (DEC. – FEB.)

### **DECEMBER.....**

#### Selection I: 1 JN 4:11-18

A Reading from the letter of Saint John:

Beloved, if God so loved us,  
we also must love one another.  
No one has ever seen God.  
Yet, if we love one another, God remains in us,  
and his love is brought to perfection in us.

This is how we know that we remain in him and he in us,  
that he has given us of his Spirit.  
Moreover, we have seen and testify  
that the Father sent his Son as savior of the world.  
Whoever acknowledges that Jesus is the Son of God,  
God remains in him and he in God.  
We have come to know and to believe in the love God has for us.

God is love, and whoever remains in love remains in God and God in him.  
In this is love brought to perfection among us,  
that we have confidence on the day of judgment  
because as he is, so are we in this world.  
There is no fear in love,  
but perfect love drives out fear  
because fear has to do with punishment,  
and so one who fears is not yet perfect in love.

The Word of the Lord.

## Selection II: St. Peter Julian Eymard

From St. Peter Julian Eymard:

What is this love in which we must believe? It is the love of Jesus Christ; the love which He manifests to us in the Eucharist, a love that is Himself, a living and infinite love... Jesus tells us that He loves us, that He instituted His Sacrament only out of love for us...

Our Lord sends neither Angels nor ministers to assure us of His love; He comes in person. Love will have no go-between.

And so He perpetuates Himself only to tell us over and over again: "I love you. You see that I love you!"

Our Lord was so afraid we might forget Him that He took up His abode among us. He made His home with us so that we might not be able to think of Him without thinking of His love. By giving Himself thus and insisting on this gift, He hoped not to be forgotten.

Whoever gives serious thought to the Eucharist, and especially whoever partakes of it, cannot help feeling that our Lord loves them. They feel that in Him they have a father. They feel that they are loved as a child and that they have a right to come to their Father and speak to Him. In church, at the foot of the tabernacle, they are in their Father's home; they feel that they are...

And so, Jesus in the Most Blessed Sacrament tells us that He loves us; He tells us interiorly and makes us feel it. Let us believe in His love.

### Selection III: Paul VI (Homily; Australia, Sydney; December 2, 1970)

From Blessed Paul VI:

The Church's "reason for existence and her justification is to extend the presence of Jesus Christ among men, to spread his Word and to communicate his life. Did Christ not call himself 'the Way, the Truth and the Life'? (Io. 14: 6) Is he not the Light for all men? (Io. 1: 9)... In our time just as in the first ages of Christianity he is the one who fully reveals man to himself and makes it possible for man to be completely fulfilled...

The Church's mission is directly related to Christ's will to go towards each person, in order to help him fully to develop his inmost being in accordance with his talents, and in order to raise him up and save him by making him a son of God. It is from Christ that the Church receives a power beyond that of any merely human society... She renews herself unceasingly, offering each new generation and each new people the good news which saves them, as she draws from the infinite treasure of the Word of God the answer to the most puzzling situations...

He who created life, he who wished by his Incarnation to share fully-except for sin-in our human condition, has likewise the ability to make human history go forward towards its goal. He can save this world from division and chaos by leading it, with the free cooperation of each individual, towards the wonderful destiny of the Kingdom of God.'

## JANUARY .....

### Selection I: IS 2:1-5

A reading from the book of the prophet Isaiah:

This is what Isaiah, son of Amoz,  
saw concerning Judah and Jerusalem.  
In days to come,  
the mountain of the LORD's house  
shall be established as the highest mountain  
and raised above the hills.  
All nations shall stream toward it;  
many peoples shall come and say:  
"Come, let us climb the LORD's mountain,  
to the house of the God of Jacob,  
that he may instruct us in his ways,  
and we may walk in his paths."  
For from Zion shall go forth instruction,  
and the word of the LORD from Jerusalem.  
He shall judge between the nations,  
and impose terms on many peoples.  
They shall beat their swords into plowshares  
and their spears into pruning hooks;  
one nation shall not raise the sword against another,  
nor shall they train for war again.  
O house of Jacob, come,  
let us walk in the light of the Lord!

The Word of the Lord.

Selection II: Francis (Homily; St. Cyril of Alexandria Parish, Rome; Dec. 1, 2013)

From Pope Francis:

In the First Reading we heard the Prophet Isaiah speak to us about a journey, and he says that in the latter days, at the end of the journey, the mountain of the Lord's Temple shall be established as the highest mountain. He says this to tell us that our life is a journey: we must go on this journey to arrive at the mountain of the Lord, to encounter Jesus. The most important thing that can happen to a person is to meet Jesus: this encounter with Jesus who loves us, who has saved us, who has given his life for us. Encounter Jesus. And we are journeying in order to meet Jesus.

We could ask ourselves this question: But when do I meet Jesus? Only at the end? No, no! We meet him every day. How? In prayer, when you pray, you meet Jesus. When you receive Communion, you meet Jesus in the Sacraments. When you bring your child to be baptized, you meet Jesus, you find Jesus... Our whole life is an encounter with Jesus: in prayer, when we go to Mass, and when we do good works, when we visit the sick, when we help the poor, when we think of others, when we are not selfish, when we are loving... in these things we always meet Jesus. And the journey of life is precisely this: journeying in order to meet Jesus...

Selection III: (Anonymous; Traditional Fourteenth Century Hymn)

Sanctify me wholly,  
Soul of Christ adored;  
Be my sure salvation,  
Body of the Lord;  
Fill my yearning spirit,  
O Your Blood unpriced:  
Wash me, Sacred Water  
from the side of Christ.

Passion of my Savior,  
be my strength in need;  
Good and gracious Jesus,  
to my prayer give heed.  
In Your wounds most precious,  
let me refuge find:  
All the envious power  
of the foeman bind.

At death's final hour  
call me to Your face;  
Bid me stand beside You  
in the heavenly place:  
There with saints and angels  
I shall sing to Thee  
Through the countless ages  
of eternity.

## FEBRUARY .....

### Selection I: Luke 9:22-25

A reading from the holy Gospel according to Luke:

Jesus said to his disciples:

"The Son of Man must suffer greatly and be rejected by the elders, the chief priests, and the scribes, and be killed and on the third day be raised."

Then he said to all,

"If anyone wishes to come after me, he must deny himself and take up his cross daily and follow me.

For whoever wishes to save his life will lose it, but whoever loses his life for my sake will save it.

What profit is there for one to gain the whole world yet lose or forfeit himself?"

The Gospel of the Lord.

## Selection II: St. Teresa of Calcutta

From St. Teresa of Calcutta:

The Eucharist is connected with the Passion. If Jesus had not established the Eucharist we would have forgotten the crucifixion. It would have faded into the past and we would have forgotten that Jesus loved us. There is a saying that to be far away from the eyes is to be far away from the heart. To make sure that we do not forget, Jesus gave us the Eucharist as a memorial of his love...

If we really understand the Eucharist, if we really center our lives on Jesus' Body and Blood, if we nourish our lives with the Bread of the Eucharist, it will be easy for us to see Christ in that hungry one next door, the one lying in the gutter, the alcoholic man we shun, our husband or our wife, or our restless child. For in them, we will recognize the distressing disguises of the poor: Jesus in our midst.

### Selection III: St. John Vianney

From St. John Vianney:

"Without the Holy Eucharist there would be no happiness in this world; life would be insupportable. When we receive Holy Communion, we receive our joy and our happiness.

The good God, wishing to give Himself to us in the Sacrament of His Love, gave us a vast and great desire, which He alone can satisfy. In the presence of this beautiful Sacrament, we are like a person dying of thirst by the side of a river — he would only need to bend his head; like a person still remaining poor, close to a great treasure — he need only stretch out his hand. He who communicates loses himself in God like a drop of water in the ocean. They can no more be separated."

## ACKNOWLEDGEMENTS

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