



Retreat Options for Adults

A retreat is time away from the routines of our life. It offers quiet space and leisure for reflection and prayer which people need to grow in relationship with God and to gain new insight into their relationships with themselves and

others.

Emmaus Experience: A Retreat for Women

The Emmaus is an experience in which women gather to be ministered to by other women. For women who wish to experience God, renew and deepen their relationship with the Lord, this is a time for personal growth. The retreat is based on the Gospel of Luke 24:13-35. On this retreat you'll be free from distractions of your daily routine. With your whole self being relaxed, you will be able to open your heart and listen to Jesus and the Holy Spirit. That is the deep satisfaction, inner peace and joy you will find; real gifts! The time is spent hearing The Word, listening to the witness of other women and relaxing. The Liturgy will be the high point of the weekend.

Contact: Mary Alexander (526-5864) or Patty Fuller (524-5094)

Cursillo

<http://natl-cursillo.org/Greenbay/>

The Cursillo is an encounter with Christ. Correctly applied and overseen, the Cursillo Movement can have very positive results in the spiritual revitalization of the world. The Christ-likeness in a few good people is contagious. The transference of Christ's values to others in one's family, school, place of business, etc., is the Christianizing of environments the Cursillo promotes. The goal of the movement is that Christ be the prime influence in society. So it is said that the **PRIMARY OBJECTIVES** of the Cursillo Movement are to develop in adult Christians a consciousness of their power and mission to become leaders in the work of Christian renewal, and to sustain them as they provide a Christian leaven in civic, social and economic life. This "Christianizing of environments" is what the Cursillo Movement is all about.

Koinonia

<http://gbkoinonia.googlepages.com/>

Participants in a Koinonia weekend must be at least 21 years of age. Husbands and wives need not attend together, but are welcome to do so. The weekend experience begins with registration by 5:00 p.m. on Friday and concludes by 6:00 p.m. on Sunday.

Casual clothes are worn, except during Eucharistic celebrations where you are asked to dress appropriately. Bring towels/wash clothes, personal items, and sleeping gear (e.g. sleeping bag, a cot, or an air mattress). We request a donation of \$50 per person. Please include \$5 with your registration form. Scholarships are available when needed. Make checks payable to: Koinonia Green Bay Diocese. For anyone seeking religious certification (or re-certification) in the Green Bay Diocese, 12 clock hours are available for attending a Koinonia retreat.

Life in the Spirit Seminar

www.charismaticrenewal.org

An eight-week program designed for bringing people into a deeper relationship with Jesus and experiencing the work of the Holy Spirit in their lives. Team members give talks and lead small group discussion. Small group sharing is a very meaningful part of the seminar as well. Weekly Topic Schedule: Explanation session, God's Love, Salvation, New life, Receiving God's Gift, Commitment, Growth, and Transformation in Christ.

Women Celebrate

<http://www.womencelebrate.org/>

The mission of Women Celebrate is to gather women to celebrate our relationship with God, encourage and support one another as Catholic women, and experience teachings and fun in our Christian life. We want to continue the work of Jesus Christ by bringing His love to the world. Women Celebrate is usually in February.

Marriage Encounter

<http://www.gbme.org/>

A Marriage Encounter weekend gives married couples an opportunity to improve and grow in their couple communication. It is an ongoing process, not something that comes naturally after a wedding, but involves a lifetime of active learning. Marriage Encounter is a program geared towards enhancing the couple relationship through communication occurring in an open and honest face to face, heart to heart encounter.

This special weekend program is offered in a comfortable setting designed to give couples a chance to get away from the everyday routine of life and to spend time together exploring their marital relationship. We all spend a lot of time, energy, and money on food, clothes, entertainment, homes, vehicles, and careers. Yet how much time do we spend on one of the most important relationships we will ever have? Time is one of the most precious possessions we have, and spending time with each other is a most precious gift. This gift supplies you with new tools and new growth in your couple relationship. Continued use of these tools enhances your relationship and allows it to grow.

Marriage Encounter is not a marriage clinic, religious instruction or retreat, or group therapy. There is no group discussion, sharing, or talking in front of others required. You, as a couple are the focus of the weekend. You give the weekend to each other through sharing of yourself and your time. Give some time to your spouse and give your marriage an opportunity to grow. Try a weekend.



Retreat Houses/Centers

Elizabeth Ministry (Kaukauna)

<http://www.elizabethministry.com/>

Elizabeth Ministry is an international movement designed to support women and their families during the joys, trials and sorrows of the childbearing years. Elizabeth Ministry's mission is to cherish children, encourage families and build community. There are nearly 700 chapters in churches around the world. Elizabeth Ministry chapters connect women for prayer, affirmation and encouragement.

St. Norbertine Center for Spirituality (De Pere)

http://www.norbertines.org/norbertine_center.html

When you visit the website you will find a listing of current programs, retreats, and days of renewal along with information about spiritual direction, Abbey concerts, prayer opportunities and a calendar-at-glance.

Holy Name Retreat House (Chamber's Island)

<http://www.gbdioc.org/holyname>

With its unique island location and beautiful natural surroundings, Holy Name Retreat House offers a place to get away so one can relax, pray, listen, and reflect. Each retreat begins and ends with a 45 minute voyage across the waters of Green Bay in the "Quo Vadis," the retreat house boat. Time on the island provides the opportunity to be alone, to cleanse our mind, to heal our soul, to communicate with our inner self and God. The retreat experience contains many elements: Mass, group prayer, personal counseling, private reading, sacred silence, and presentations by a priest, sister, or lay person.

Monte Alverno (Appleton)

<http://www.montealverno.org/>

Monte Alverno is a sacred place where people find God in quiet and solitude, away from the busyness of life, and its pressing demands and deadlines. In the quiet and natural beauty along the Fox River in Appleton, Wisconsin. Monte Alverno offers you holy space, solitude, Franciscan simplicity and hospitality, leading you to re-discover God's peace and love, within you, around you. We offer a variety of programs for men and women.

Recovery Retreat

Charismatic Retreat and Healing Retreats

Weekend Retreat for Men & Women

One Day Retreats for Men & Women

Married Couples Retreat

Widows Retreat (Open to ALL Women)

6 Day Preached Retreat for Men & Women

6 Day Directed Retreat for Men & Women

Advent & Lenten Day/Evening Programs

Evenings for Women

A Series of Study on Adult's Books

The Bridge Between Retreat Center (Denmark)

<http://www.bridge-between.com>

We are a restored, turn-of-the-century farmstead, welcoming guests of all faith traditions; and, providing a contemplative place to deepen relationships with God, self, neighbor, and creation.

Personal Retreats - for individuals looking for space to be alone to rest, reflect and recreate. Each retreatant determines the length of her/his stay, and the pattern of the visit.

Directed Retreats (offered 1-30 days) - for those who seek guidance from a Spiritual Director, as well as personal time for reflection.

Self-Directed or Guided Group Retreats are designed to meet the needs of each particular group upon request.

Parish Missions - designed specifically for your parish community. Call or e-mail The Bridge-between for more information.

Earth Education - back to the basics...tending the soil.

Jesuit Retreat House (Oshkosh)

<http://www.jesuitretreathouse.org/>

Come to the Jesuit Retreat House for a time of prayer and renewal. Be renewed in energy, in spirituality, and in your relationship with God.

Follow the country road, through the gateway, to the Jesuit Retreat House on the shores of Lake Winnebago. Surrounded by rolling lawns and pathways through the trees, you are invited to discover and deepen your relationship to God, Jesus, and the Spirit, and to rediscover yourself through prayer, silence, reflection, and rest.

Although we are a Catholic retreat house in the Ignatian tradition, we welcome men and women of all faiths to our silent, conference retreats from Thursday evening until lunch on Sunday. A number of these retreats are designated for members of 12-Step recovery programs. During the summer our four-, five-, and eight-day directed retreats encourage an in-depth experience of God in our lives.

All of our rooms are private. We have several first floor rooms with private bathrooms for those with special needs. Our facility is handicapped accessible.

St. Anthony Retreat Center (Marathon)

<http://www.sarcenter.com/>

St. Anthony Retreat Center stands gracefully amid pines, maples, and birch, nestled on the bank of the Rib River. St. Anthony Retreat Center is a Roman Catholic Center of the Capuchin Franciscan Friars, open to all people seeking God, spiritual growth and religious experience.

Each year we offer a "theme retreat," a silent weekend retreat centered around a theme that anchors our programming for the year. Our theme for the 2008-2009 season is "The Freedom of Letting Go." It will be offered several times over the year. For more details and for listings, select "Theme Retreat" from the categories on the left under Programs.

Private and Directed Retreats are popular offerings at St. Anthony's. These are

individualized retreats where the retreatant journeys through days of solitude and reflection either alone or with a spiritual companion and guide. For more details and for listings, select "Private/Directed" from the categories on the left under Programs.

We also offer **specialized day, evening, or weekend retreats and workshops** designed for specific populations or for those with an interest in a particular area of prayer or spirituality. Specialized programs include the Advent, New Years, and Women's Intergenerational retreats.

Retreats are also scheduled on **Franciscan living, Christian Celtic Spirituality, 12-Step Spirituality, Retreats for Recovering Alcoholics, Healing, and Contemplative Prayer.**