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## What to Leave at Home....

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- Unneeded credit cards.
  - Expensive jewelry or other items.
  - Penknife or anything that looks like a weapon (see TSA regulations at <http://www.tsa.gov/travelers/index.shtm>.)
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## Before You Leave!

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- Contact your credit card company (if applicable) to let them know where and when you will be traveling and to check currency conversion rates (they usually charge a small % fee).
  - If you plan to bring a cell phone, call your cell phone company to see if international roaming can be activated (fees apply).
  - Advise family of your itinerary, including hotel, and give them a copy of your insurance documents and copy of passport in case of emergency.
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## Travel Security....

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- Keep your important items (money, camera, ID) with you - in your carry-on, not in checked luggage.
- Check for exits and emergency instructions.
- Plan your escape in case of fire.
- Check the door locks - use doormat if necessary.
- Put valuables in the security boxes.
- Stay alert and aware of your surroundings.
- Keep phone numbers of local contacts with you.
- Keep money out of sight; never count in public.
- Learn to operate the telephones the first day.
- Always carry your passport.
- Remember that you are a guest in another country.
- Cash - Many countries require that you declare all of the cash (sometimes traveler checks as well) which you are bringing into the country.
- Travel Documents - Check all travel documents before leaving to ensure that they are valid beyond the duration of your trip.
- Tape name, phone, address inside your suitcases.
- Keep sales receipts handy for customs.
- Keep your hotel address with you.
- Many airports require payment of an airport exit tax - be sure you have the correct amount in the correct currency.



## How to Get Through the Line Faster

Passengers are asked to bear in mind the following advice to help make their passage through the airport as efficient and comfortable as possible.

### Pack Smart

- **Pack an organized carry-on bag using layers.** This will help transportation security officers see what's inside. Innocent items can actually appear to be potential threats in an X-ray image simply by the way they're packed.
- **Don't pack oversized electronics (laptops, DVD players, and video cameras that use cassettes) in your checked baggage when possible.** However, please be advised that you will be required to remove these items from your carry-on bag and submit them separately for x-ray screening. Small electronics, such as iPods, can remain in your carry-on.
- **Prepare your 1 quart-sized, clear, plastic, zip-top bag of liquids before arriving at the airport.**
- **Pack all your coats and jackets in your checked baggage when possible.** All coats and jackets must go through the X-ray machine for inspection.
- **Do not wrap gifts.** If a security officer needs to inspect a package, they may have to unwrap your gift.
- **Film.** Undeveloped film should go in your carry-on bag. You will be able to declare film that is faster than 800-speed to a transportation security officer for physical inspection to avoid being X-rayed.
- **When in doubt, leave it out.** If you're not sure about whether you can bring an item through the checkpoint, put it in your checked bag or leave it home.

### Dress the Part

Transportation security officers have to identify any metal that is detected at the checkpoint. If the metal detector alarms when you pass through, you will be required to undergo additional screening. This includes a hand-wand and pat-down inspection.

#### **Items that might set off an alarm on the metal detector include:**

- Keys, loose change, mobile phones, pagers, and PDAs
- Heavy jewelry
- Clothing with metal buttons, snaps or studs
- Metal hair barrettes or other hair decoration
- Belt buckles
- Under-wire bras

**Body Piercings.** Certain metal body piercings may cause you to alarm at the metal detector, which will result in you getting additional screening

**Shoes.** Travelers are required to remove their shoes before entering the walk-through metal detector at all U.S. airports and put them through the x-ray machine for inspection. Slip-on shoes are recommended.

### Have it Ready

The items you'll need to present to a TSA Officer at the checkpoint are:

- Boarding pass
- Identification (US federal or state government-issued photo ID must contain a name, date of birth, gender, expiration date and some tamper-resistant feature. State IDs must meet REAL ID benchmarks; Federal IDs meet equivalent standards. Keep your boarding pass and ID available until exiting the security checkpoint. If you do not have identification (if it is lost, stolen, etc.), you will be required to provide the document checking officer with some information to help verify your identity. This will slow down your screening process and will result in additional screening.

**Think before you speak.** Belligerent behavior, inappropriate jokes and threats will not be tolerated. They will result in delays and possibly missing your flight. Local law enforcement may be called as necessary.

# TRAVEL CHECKLIST

*\*Most importantly, bring a pilgrim's spirit! Pilgrims travel with few possessions, so please pack light - do NOT bring things you will only use once, heavy things, or things that will distract you from this pilgrimage. \*\**

**WEATHER IN RIO:** July is the coldest month of the year in Brazil. Expect lows in the 50s and highs in the 70s (F). But don't let the mild temps fool you! Because you'll be near the equator, it's easy to sunburn, so be sure to bring plenty of sunscreen, and plan on drinking lots of water to stay hydrated. For clothing, layering is key. Wear tops that wick moisture and breathe. Convertible pants sold at outdoor stores are also a plus for traveling, and a good rain jacket that is light and packs small is good to bring on daily excursions.

## Documents

- Insurance card / info - international coverage; emergency numbers, allergies, vaccination record
- PASSPORT & VISA
- Color copy of passport/visa & add'l passport photo(s)
- Drivers License
- Trip Itinerary

## Health and Hygiene

- Water bottle
- Sunscreen and after sun cream
- Chap stick / lip balm w/ sunscreen
- Prescriptions (in marked, pharmacy dispensed bottles)
- Wet wipes/Baby wipes - for cleaning hands or washing yourself in lieu of a shower/sink
- Toilet paper/Kleenex (always have some on you)
- Hand sanitizer
- Toothpaste/toothbrush
- Toiletries (deodorant, feminine products, shampoo)
- Soap (bath and laundry)
- First aid supplies (incl. Moleskin for blisters)
- Pepto Bismol chewables (for any stomach issues)

## DID YOU KNOW...???

Every registered World Youth Day pilgrim will receive a backpack, which will contain items such as: Bible, fan, Rosary, Pilgrim's book (liturgical), WYD T-shirt, Official WYD hat, meal vouchers, map of the city, WYD guide, and public transportation pass.

## Miscellaneous

- Backpack/daypack (carry-on)
- Rain cover for backpack (find online or outdoor store)
- Portuguese phrase book / dictionary
- Sleeping bag, water resistant mat, or tarp - compact/lightweight - for vigil night outdoors
- Flashlight or headlamp
- Items to trade (post cards, Packer items, pins, etc. - we will also have Shrine prayer cards)
- Addresses for postcards to friends and family
- BIBLE and/or other spiritual reading material
- Shorter Christian Prayer
- Deck of cards
- Plastic bags / Ziplock bags
- Duct tape (it fixes everything!)
- Sewing kit / Glasses repair kit
- Luggage lock ("TSA" lock recommended)
- Propel/Gatorade drink packs for water
- Granola bars or other snacks (non-perishable)

## DID YOU KNOW...???

The pilgrimage to the vigil and closing Mass (this year it's in Guaratiba) is typically around a 5 mile walk (this year it's about 8). BE SURE to bring comfortable shoes and other clothing to be fully prepared for this trek. !!! NO FLIP FLOPS !!!

## Clothing

*\*Clothes should be wrinkle resistant & COMFORTABLE\**

- Group WYD T-shirt (1<sup>st</sup> one is free from the diocese)
- Tennis and/or hiking sandals comfortable (already broken in) for walking long distances
- Brimmed hat (Lightweight, packable)
- Bandana/handkerchief/scarf
- Light jacket or Raincoat (waterproof)
- Sunglasses
- Watch
- Shorts with pockets or cargo pants
- Extra lightweight long sleeved shirt(s)
- Socks
- Underwear
- Modest swim suit
- Sweatshirt/Sweatpants (warm layers for evening)
- Pajamas
- (Gentlemen) Pair of long pants
- (Ladies) skirt, pull over dress, or wrap (knee length or longer) for over shorts/shirt.

## Electronics

- Camera (with film or memory cards)
- Travel alarm clock (or phone/watch alarm) \* DO NOT RELY ON WAKE-UP CALLS! \*
- Outlet/plug adapter
- Small AM radio with earbuds - for short wave English translation of WYD speakers
- Cell phone or (international) phone card
- Any phone, camera, or other chargers
- Chargers and extra batteries

## Financial

- Calculator/currency converter
- Credit/Debit card (Visa or MasterCard are most widely accepted - BE SURE TO CALL AHEAD to advise of your travel plans, as well as to confirm currency conversion fees)
- Money belt/document holder (one provided by ITC Tours) for under clothing \*\*NO purses or wallets!\*\*
- VISA prepaid card\* (recommended \$400 USD?) \*This is recommended over traveler's checks\*

**TIME ZONE:** Two hours ahead of Wisconsin (daylight savings)

**CURRENCY:** \$1.00 USD = \$2.00 BRL (Reals) approx.

**INTERNATIONAL PHONE CODE:** 55 (+ two-digit area code + eight-digit phone number) to dial Brazil FROM U.S.

To dial out FROM Brazil, dial carrier # 21 (Embratel) or # 23 (Intelig), then dial 00 + 1 + area code + seven-digit number.