



COLD AND FLU SEASON

(from Chancery Bulletin #375:VIII; November – December 2017)

The diocese frequently receives inquiries from parishes about limiting the spread of the flu during the celebration of the Eucharist. In line with recommendations from the USCCB, please use prudent judgment in making pastoral adjustments about shaking hands at the sign of peace and drinking from the chalice. If it is determined that such adjustments should be made during the cold and flu season, an announcement should be made at the beginning of Mass asking those who are not feeling well or those who have weak immune systems to refrain from shaking hands and drinking from the chalice.