

# ALPHA PRAYER MINISTRY MODEL

AN INTRODUCTION ON HOW TO PRAY WITH PEOPLE FOR HEALING



# **Overview**

The following content has been adapted from the breakout session on prayer ministry at the 2020 Alpha Conference.

Theology + Model + Practice

# **1 THEOLOGY**

Is It Biblical?

# 2 A BASIC MODEL

Five Core Values

### **3 PRACTICE TIPS**

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### e Armor of God

ally, be strong in the Lord and in of his might. "Put on the w God, that you may be able to s he schemes of the devil. 12 For w stle against flesh and blood, the rulers, against the authori he cosmic powers over this pre-, against the spiritual forces of ev enly places. 13 Therefore take up nor of God, that you may be abl l in the evil day, and having done firm. 14 Stand therefore, having the belt of truth, and having put tplate of righteousness, 15 and, your feet, having put on the rea by the gospel of peace. 16 In all es take up the shield of faith, w can extinguish all the flaming da one; 17 and take the helmet of : I the sword of the Spirit, which f God, 18 praying at all times in all prayer and supplication. keep alert with all perseveran oplication for all the saints, 19 a that words may be given to me mouth boldly to proclaim t the gospel, 20 for which I am in chains, that I may declare ought to speak.

ou also may know how I am an doing. Tychicus the below aithful minister in the Lord w thing. <sup>22</sup>I have sent him to yo purpose, that you may know and that he may encourage you

to the brothers "

the Father

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### 1. THEOLOGY: IS IT BIBLICAL?

- Jesus Ministry | Mark 1:15
- The Twelve | Luke 9:1-2, 6
- The Seventy-Two | Luke 10:1-2, 8-9, 17-20
- The Great Commission | Matthew 28:16-20
- Paul's Testimony | Romans 15:17-19



### 2. A BASIC MODEL: FIVE CORE VALUES

Strategic planning helps us to get from point A to point B. But values guide us when the unexpected happens.

Below, are five values that make up the basic Alpha Prayer Ministry Model:

#### Value #1: The Ministry of the Holy Spirit

· Let the Holy Spirit convict.

• Prayer ministry is not about us, but we should be aware of our blind spots and hurts so that we do not minister from this.

• The ministry of the Holy Spirit is more about what He is doing in me than what we are doing for the other person.

• If we do not know what God is doing in us, it will be that much more difficult to discern what He is doing in others.

#### Value #2: Biblical Authority

• Prayer ministry for Catholics should be consistent with God's Word and with Catholic Church teaching.

#### Value #3: Dignity of the Individual

- · Always affirm, love and provide hope.
- We may not know their past, but we do know God's promises of the future.



· Philippians 2:1-4

"If there is any encouragement in Christ, any solace in love, any participation in the Spirit, any compassion and mercy, complete my joy by being of the same mind, with the same love, united in heart, thinking one thing. Do nothing out of selfishness or out of vainglory; rather, humbly regard others as more important than yourselves, each looking out not for his own interests, but to those of others."

#### Value #5: The Body of Christ

· I Corinthians 12: 26

"If (one) part suffers, all the parts suffer with it; if one part is honored, all the parts share its joy."

• People should walk away with the sense that they are cared for, loved and never alone.









### **3. PRACTICE TIPS**

### A. Joyfully and Naturally

• A smile goes a long way in making people comfortable.

#### B. Out of Earshot of Others

· Always honor people's confidentiality.

### C. No More Than Two or Three People Praying

. If possible, having same-sex prayer teams will lend itself to more openness on the part of the recipient.

D. Introduce Yourself

E. Find Out Their Name

F. Ask what they would like prayer for

G. Ask further questions if clarity is needed.

## **3. PRACTICE TIPS (CONTINUED)**

#### H. Explain how you will pray.

- Pray
- Eyes open. Watch for cues- facial expressions.
- Lay hands on shoulder or head (optional).
- · Invite the Holy Spirit.
- · Silently ask what to pray for.
- Continue to pray as you sense God's presence.
  - The Hearing God document will be provided on the Green Bay Alpha Leaders Facebook page.
- Before you close, make sure they are okay.

#### J. Never

- Encourage the discontinuation of drugs
- Say, "You are healed!" Let their doctor confirm that
- · Give directives
- Make promises
- Get offended if people express doubt or make people feel guilty if they are not healed.



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### THE POWER OF EXPECTANT FAITH

#### BY NAKAWALA AMPONSAH | HEAVENLY TREASURES MINISTRY

Do you believe in the power of expectant faith? Do you believe that what God says, God will and can do? I do and I am quite sure you do too. There is definite power in being expectant in our faith. When it comes to circumstances that we face in our lives, we, as believers sometimes tend to forget how powerful God is. We forget the things that God has already done in our lives. It is crucial for us to see God for who He is when we are faced with situations, which may seem to be beyond our control at the time. But God is bigger than any situation you will ever face in your life. God is still in Control. The fact is, life happens and things happen in our lives that we don't want to happen. Each situation can vary from one situation to another. However, at the end of the day, it is still a situation that we have to face whether we like it or not.

My question to you is, when you are faced with situations in your life - which includes difficult and impossible situations - do you try to sort them out in your own strength? Do you complain and worry? Or do you pray and expect to receive something good from God by faith. For all things do work together for your own good, according to (Romans 8:28). Expectant faith actually means anticipating or being eager to receive something good. Do you choose to believe God's word in regard to any situation you face? And present your requests to God by prayer, petition and thanksgiving. (Philippians 4:6). Jesus said, "Everything is possible for one who believes." Nothing is impossible with God.