

Healing Service with Fr. Ubald Rugirangoga from the Diocese of Cyangugu, Rwanda

To prepare yourself to ask Jesus, our Divine Mercy, for the gift of healing, Fr. Ubald teaches the **5 Keys** that open the doors to healing. These keys are adapted from the work of Neal Lozano, author of Unbound (www.heartofthefather.com).

Key # 1 – Faith

Consider all the ways that God the Father has blessed you in your life, and give thanks. Take a moment to feel the grace of those blessings, and your gratitude.

Thank you Lord, for _____ and _____ and _____.

Key # 2 – Forgiveness

Forgiveness is at the very heart of healing, and unforgiveness is the greatest block to healing. Just as Jesus forgave us from His cross, we offer forgiveness to those who have harmed us, and ask for forgiveness from those we have harmed. When this is difficult, we ask for the grace of forgiveness.

*In the name of Jesus, I forgive _____ for _____ and for _____
Lord, please forgive me for _____. I am sorry for _____.*

Key # 3 – Renounce evil and take authority in Jesus' name

By naming and renouncing evil in the form of spirits, lies or activities, (see chart) we reject Satan and sin in all its forms, as we do in our Baptismal vows. See chart below for suggestions. This includes occult involvement or unhealthy relationships.

In the name of Jesus I renounce the spirit/lie/activity of _____ and command you to leave. I take back the authority I gave away to _____ or was taken from me by _____.

Key # 4 – Make a decision to change your life. What are you going to do to live for Jesus?

Lord Jesus, I will change in this/these way(s) _____

Key # 5 – Blessing

Father Ubald will process through the church, bringing Jesus to you in the Eucharist in the Monstrance, to bless you. Pray for healing for yourself and others.

<p>Pride Rebellion Disobedience Self-justification Perfectionism Striving Stubbornness Arrogance Superiority Willfulness Argumentativeness</p> <p>Anger Resentment Bitterness Revenge/Retaliation Hatred Rage Violence Murder Unforgiveness</p> <p>Insecurity Fear of man Timidity Shyness Self pity Inadequacy</p> <p>Rejection Abandonment Orphan spirit Fatherlessness Hurt Insecurity Unwanted</p>	<p>Fear of: Rejection Abandonment Judgment Condemnation Accusation</p> <p>Fear Control Anxiety Worry</p> <p>Confusion Self-doubt Frustration Forgetfulness</p> <p>Control Witchcraft</p> <p>Shame Guilt Condemnation Unworthiness Embarrassment Humiliation Worthlessness Accusation</p> <p>Self-protection Self-dependence Pride</p> <p>Self-accusation Self-condemnation Self-rejection Self-blame Self-criticism</p>	<p>Self-hatred</p> <p>Loneliness Isolation Withdrawal Self-protection</p> <p>Judgment Criticism Accusation Superiority Comparison Insecurity Fear</p> <p>Lost Homeless Purposelessness Meaninglessness Aimlessness</p> <p>Spirit of Infirmity Renounce the Spirit Behind: Cancer, Migraines, Arthritis</p> <p>Jealousy Envy Selfishness Greed</p> <p>Withdrawal Escape Isolation Fantasy</p> <p>Suicide Death</p>	<p>Abortion Murder</p> <p>Depression Self-pity Hopelessness Despair Discouragement Hurt Suicide Emotional pain</p> <p>Laziness Tiredness Weariness</p> <p>Mental Illness Fear of: Mental Illness</p> <p>Doubt Unbelief</p> <p>Religious Pride Religiosity</p> <p>Shame Self-hatred Self-mutilation Sadomasochism</p> <p>Poverty Failure Hopelessness</p> <p>Specific Areas of Pride: Intellectual Pride</p>	<p>Perfectionism Pride Self-reliance Independence</p> <p>Grief Sorrow Sadness Crying</p> <p>Victim Identity Powerlessness Helplessness Self-pity</p> <p>Addictions: Alcoholism Nicotine Drugs Gluttony</p> <p>Lust Masturbation Fornication Adultery Rape Incest <input type="checkbox"/> Homosexual encounters Bestiality Worthlessness</p> <p>Gay (or homosexual) Identity or lifestyle</p> <p>Spirit of: Homosexuality Lesbianism False Religions</p> <p>Spiritism Spirit Guide (The spirit that came to me when...)</p>	<p>Occult: Ouija board Palm reading Fortune telling Astrology Tarot cards (See Appendix 1 in <i>Unbound</i>)</p> <p>FEAR of just about Anything – you can tie this to any of the above areas i.e., fear of rejection, of abandonment, of judgment, of condemnation, of accusation, of the future, of hell, of authority, of poverty, of God, of being controlled, of aging, of being unacceptable, of death, of Satan, of sickness, of pain, of inadequacy, of not being able to provide</p> <p>FEAR is a significant entry point! Things to remember: You can lead someone to renounce: The lie that: _____ The vow I made when I said: _____ The idol of: _____ The spirit that entered when I: _____</p>
--	--	--	---	--	--