

# DUC IN ALTUM

## HIGH SCHOOL - PACKING LIST

Please pack your items in a regular sized duffel bag or small suitcase. Please monitor the weather and bring layers to accommodate colder temperatures.

### CLOTHES FOR 3 DAYS (CASUAL)

- Shirts
- Pants
- Sweatshirt
- Pajamas

### CLOTHES FOR HOLY MASS (NICE)

- Dress pants, collared shirt, clean shoes, etc.

### TOILETRIES

- Shower supplies
- Toothbrush, toothpaste
- Deodorant
- Anything else you need to keep yourself clean.
- (Towels are provided)

### OTHERS

- Sleeping bag & pillow
- A watch/alarm clock
- Water bottle
- Prayer journal & pen
- Bible
- Rosary
- Coat
- Comfortable shoes
- Liability form

**SCHEDULE NOTES:** *(full schedule will be given to participants at the event)*

#### **Friday**

6:00 PM – Arrival & check-in  
Supper will be provided.

#### **Saturday**

Retreat all day!

#### **Sunday**

12:00 PM – departure  
Lunch will be provided.